

# Reeling & Healing Midwest



## Suggested Clothing List and Other Important Information

For your comfort, please look over the following list of suggested items to bring to the retreat. What to wear? Comfortable, breathable layers of clothing are best. A variety of clothing will allow you opportunity to adjust to changing temperatures and to stay comfortable throughout the day and into the evening.

- Comfortable clothing suitable for the anticipated weather
- Baseball cap or brimmed hat
- Wool socks or warm socks (for inside waders)
- Insect Repellent
- Sunglasses (polarized preferred)
- Flashlight
- Camera, binoculars
- Polartec, sweatshirt or jacket (it may cool off at night)
- Windbreaker
- Rain gear
- Sturdy, comfortable shoes or boots
- Extra pair of shoes
- Sunscreen
- Fanny pack
- Water bottle
- Seat cushion or folding outdoor lounge chair (optional)
- Water shoes or sandals (in case you prefer to wet wade)
- Your own fly-fishing gear if you have it
- Swimsuit
- Medications
- Sense of humor
- Long Underwear
- Slippers
- Gloves (warm and not your favorite pair)
- Wine or alcoholic beverage if desired. The lodge does not serve alcohol.
- Fishing license (see details below)



### Fishing License:



The State of Michigan requires a fishing license. They are available for purchase at most Meijer's, Kmart and Wal-Mart stores, and online [www.mdnr-elicense.com](http://www.mdnr-elicense.com). If you opt to NOT purchase a "24 Hour Fish" license, you will need to purchase an "All Fish Species" license.

You have the choice of purchasing the following:

1. A "24 Hour Fish" license (\$7) covering a 24 hour period. If you are attending a New Participant Retreat, the license should begin at 12:00 pm on the second day of the retreat and end at 12:00 pm the third day of the retreat.
2. Two "24 Hour Fish" licenses if you are planning to fish prior to or after the retreat.
3. A "Season" license covering "All Species" - \$28, MI residents and \$42, non-residents.

If you are a non-resident the purchase of a DNR Sportscard is required for a \$1.00 fee. If you purchase a license online, please note that the DNR has assigned the following license codes to assist you.

125 24 Hour Fish

111 SR 24 Hour Fish

120 RES All Species Fish

123 NR All Species Fish

121 SR All Species Fish

**Renew Spirit. Renew Hope.**